

**your health matters here.** We exclusively feature 100% non-gmo, chef-inspired shareable plates, small bites, and the only truly healthy sushi in the world. We use organic produce, cook in non-toxic + clean cooking oils, and feature zero-refined sugars. **exactly like nothing and no one else. we are mandrake.**

#### DIETARY KEY

<b>GF</b>	GLUTEN-FREE	<b>VG</b>	VEGETARIAN
<b>N</b>	CONTAINS NUTS	<b>P</b>	PALEO-FRIENDLY
<b>VA</b>	VEGAN AVAILABLE	<b>K</b>	KETO-FRIENDLY

## SHARED PLATES

**awe-inspiring dishes meant to be shared.** we recommend ordering one for every two people at the table.

### SIGNATURES

<b>GRASS-FED STEAK TARTARE</b> * GFA / KA	21
smoked aioli   egg yolk jam   crostinis   sherry vinegar	
<b>PASTURE PORK BAO BUNS</b>	15
togarashi aioli   red cabbage slaw   jalapeño   eel sauce	
<b>ORGANIC CRISPY WINGS</b> GF	14
gochugang glaze   sesame seeds	
<b>WILD BANG BANG SHRIMP</b> GF	22
spicy mayo   ginger   chives	
<b>GRILLED ORGANIC CAULIFLOWER</b> GF / K / VG / VA	17
vadouvan oil   date puree   whipped yogurt	
<b>CRISPY PORK DUMPLING</b>	16
sweet soy   scallions   pickled cabbage   togarashi	
<b>GRILLED SPANISH OCTOPUS</b> GF	19
whipped hummus   olive oil   herb chimichurri	
<b>CRUNCHY SPICY TUNA</b> GF	24
crispy sushi rice   spicy wild tuna   jalapeño	
<b>STEAK BITES</b> GF	22
grass-fed tenderloin   mirin, honey + tamari glaze	

<b>HAMACHI JALAPEÑO*</b> GF	21
wild yellowtail   yuzu   jalapeño	

<b>TUNA TATAKI*</b> GF	30
seared blue fin tuna   miso & chipotle sauce   micro cilantro	

### SALADS

<b>WATERMELON SALAD</b> GF / VG / VA / K	14
organic watermelon   basil   olive oil   goat cheese	

<b>BEET &amp; RICOTTA</b> GF / VG / VA / K / N	16
red + golden beets   ricotta   citrus   pistachio	

### FEATURES

<b>GRASS-FED HERITAGE RIBEYE*</b> GF / K / P	75
22 oz boneless ribeye   citrus herb butter	

<b>LAMB CHOPS</b> * GF / K / P / N	38
roasted red peppers   romesco	

<b>GRASS-FED CAP STEAK</b> * GF / K / P	32
herb butter   roasted garlic	

<b>WILD LOBSTER MAC &amp; CHEESE</b>	45
organic gruyère   cavatappi   wild-caught lobster	

<b>CITRUS PACU RIBS</b> GF	34
wild pacu   citrus bbq   watercress salad   cucumber radish   lemon vin	

## SMALL BITES + SIDES

**intriguing tapas-style sides suitable for mixing and mingling.**  
we recommend ordering a few for the table.

<b>HOT STONE RICE</b> * GF	13
duck egg   furikake   crispy shallot   tamari	
<b>SICHUAN ORGANIC GREEN BEANS</b> GF / K / VG / VA / N	11
crispy peanut   tamari   shallot   lemongrass	
<b>CRISPY BRUSSELS SPROUTS</b> GF / P / VG	10
garlic chili oil   sichuan honey   lime	

<b>STREET CORN</b> GF / VG	11
organic corn   cotija cheese	

<b>ZAATAR FRITES</b> GF	14
pomme frites   zaatar spice   garlic aioli   blueberry catsup	

<b>ORGANIC CHARRED EDAMAME</b> GF / VG	9
maldon salt   lemon	

<b>ORGANIC MAC &amp; CHEESE</b>	15
organic gruyère   cavatappi	

## WORLD'S HEALTHIEST SUSHI

**experience the world's only truly healthy sushi,** featuring wild-caught, low-mercury seafood with zero refined sugars, non-gmo rice. all of our sushi is gluten-free.

### LAND AND SEA ROLL \* 35

spicy crab | salmon | shiso | seared wagyu  
house sweet lemon soy sauce | crunchy green onion

### SHORT NORTH ROLL \* 32

shrimp tempura | spicy tuna | avocado | seared tuna  
yellow tail | lemon | crunch | four kinds of tobiko | honey  
wasabi | eel sauce

### SUNSET ROLL \* 30

soft shell crab | avocado | cucumber | salmon  
salmon eggs | spicy crunch | honey wasabi | eel sauce  
micro greens

### DRAGON ROLL \* 24

salmon | avocado | cucumber | eel | eel sauce

### SPICY YELLOW TAIL AND SCALLOP ROLL \* 32

yellow tail | cucumber | avocado | seared scallop  
miso tartar | tobiko | scallions

### CHEF SPECIAL ROLL \* 29

spicy crab | shrimp tempura | wild salmon | asparagus  
panko | lemon | black tobiko | miso tartar | eel sauce

### ROCK AND ROLL \* 27

spicy tuna | yellow tail | cream cheese | jalapeño  
green onion | cilantro | spicy mayo | eel sauce  
honey wasabi

### WILD RAINBOW ROLL \* 32

spicy crab | cucumber | topped with: tuna | salmon  
yellowtail | shrimp | avocado | yuzu tobiko

## SASHIMI\*

[3] pieces of sashimi hand-cut to order.

**all sashimi is gluten-free, paleo-friendly, + keto-friendly—a perfect low-carb option.**

BLUE FIN TUNA	20	FLUKE	15
KING SALMON	18	SEA BASS	13
YELLOW TAIL	15	OCTOPUS	15
RED SNAPPER	16	SWEET SHRIMP	18
FATTY TUNA	23	AMBER JACK	16

**substitute [2] pieces of nigiri for any sashimi for no additional charge**

<b>OMAKASE – SMALL</b>	90
chef's selection of our highest quality fish 9 sashimi   5 nigiri   hosomaki roll	

<b>OMAKASE – LARGE</b>	150
chef's selection of our highest quality fish 18 sashimi   5 nigiri   hosomaki roll	

<b>OMAKASE – EXTRA LARGE</b>	300
chef's selection of our highest quality fish 21 sashimi   10 nigiri   4 special rolls	

<b>NIGIRI COMBO</b>	60
chef's selection of our highest quality fish + hosomaki roll 8 pieces	

\*\*consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. items with asterisk contain raw or undercooked ingredients.\*\*



*Mandrake*