

your health matters here. We exclusively feature 100% non-gmo, chef-inspired shareable plates, small bites, and the only truly healthy sushi in the world. We use organic produce, cook in non-toxic + clean cooking oils, and feature zero-refined sugars. **exactly like nothing and no one else. we are mandrake.**

DIETARY KEY

GF	GLUTEN-FREE	VG	VEGETARIAN
N	CONTAINS NUTS	P	PALEO-FRIENDLY
VA	VEGAN AVAILABLE	K	KETO-FRIENDLY

SHARED PLATES

awe-inspiring dishes meant to be shared. we recommend ordering one for every two people at the table.

SIGNATURES

GRASS-FED STEAK TARTARE * GFA / KA	21
smoked aioli egg yolk jam crostinis sherry vinegar	
SIETE ALMOND FLOUR TOSTADA GF / K / N	18
tuna ceviche crema cabbage slaw lime kosho	
PASTURE PORK BAO BUNS	15
togarashi aioli red cabbage slaw jalapeño eel sauce	
ORGANIC CRISPY WINGS GF	14
gochugang glaze sesame seeds	
WILD BANG BANG SHRIMP GF	22
spicy mayo ginger chives	
GRILLED ORGANIC CAULIFLOWER GF / K / VG / VA	17
vadouvan oil date puree whipped yogurt	
CRISPY PORK DUMPLING	16
sweet soy scallions pickled cabbage togarashi	
GRILLED SPANISH OCTOPUS GF	19
whipped hummus olive oil herb chimichurri	
CRUNCHY SPICY TUNA GF	24
crispy sushi rice spicy wild tuna jalapeño	

HAMACHI JALAPEÑO GF	21
wild yellowtail yuzu jalapeño	

TUNA TATAKI GF	30
seared blue fin tuna miso & chipotle sauce micro cilantro	

SALADS

WATERMELON SALAD GF / VG / VA / K	14
organic watermelon basil olive oil goat cheese	

BEET & RICOTTA GF / VG / VA / K / N	16
red + golden beets ricotta citrus pistachio	

FEATURES

LAMB CHOPS * GF / K / P / N	38
roasted red peppers romesco	

GRASS-FED CAP STEAK * GF / K / P	32
herb butter roasted garlic	

WILD LOBSTER MAC & CHEESE	45
organic gruyère cavatappi wild-caught lobster	

WILD WHOLE BRANZINO GF / K / P	34
curry chimichurri mint	

SMALL BITES + SIDES

intriguing tapas-style sides suitable for mixing and mingling.

we recommend ordering a few for the table.

HOT STONE RICE * GF	13
duck egg furikake crispy shallot tamari	
SICHUAN ORGANIC GREEN BEANS GF / K / VG / VA / N	11
crispy peanut tamari shallot lemongrass	
CRISPY BRUSSELS SPROUTS GF / P / VG	10
garlic chili oil sichuan honey lime	

STREET CORN GF / VG	11
organic corn cotija cheese	

CRISPY POTATO CAKE GF / VG	10
poblano crema cotija cheese whipped yogurt cilantro	

ORGANIC CHARRED EDAMAME GF / VG	9
maldon salt lemon	

ORGANIC MAC & CHEESE	15
organic gruyère cavatappi	

WORLD'S HEALTHIEST SUSHI

experience the world's only truly healthy sushi, featuring wild-caught, low-mercury seafood with zero refined sugars non-gmo rice. all of our sushi is gluten-free.

LAND AND SEA ROLL * 35

spicy crab | salmon | shiso | seared wagyu
house sweet lemon soy sauce | crunchy green onion

SHORT NORTH ROLL * 32

shrimp tempura | spicy tuna | avocado | seared tuna
yellow tail | lemon | crunch | four kinds of tobiko | honey
wasabi | eel sauce

SUNSET ROLL * 30

soft shell crab | avocado | cucumber | salmon
salmon eggs | spicy crunch | honey wasabi | eel sauce
micro greens

DRAGON ROLL * 24

salmon | avocado | cucumber | eel | eel sauce

SPICY YELLOW TAIL AND SCALLOP ROLL * 32

yellow tail | cucumber | avocado | seared scallop | miso
tartar | gold flake | tobiko | scallions

CHEF SPECIAL ROLL * 29

spicy crab | shrimp tempura | asparagus | panko salmon
gold flake | lemon | black tobiko | miso tartar | eel sauce

ROCK AND ROLL * 27

spicy tuna | yellow tail | cream cheese | jalapeño
green onion | cilantro | spicy mayo | eel sauce
honey wasabi

WILD SALMON ROLL * 24

spicy salmon | panko asparagus | seared salmon
yuzu kosho | eel sauce | scallion

SASHIMI*

[3] pieces of sashimi hand-cut to order.

all sashimi is gluten-free, paleo-friendly, + keto-friendly—a perfect low-carb option.

BLUE FIN TUNA	20	FLUKE	15
KING SALMON	18	SEA BASS	13
YELLOW TAIL	15	OCTOPUS	15
RED SNAPPER	16	SWEET SHRIMP	18
FATTY TUNA	MK	AMBER JACK	16

substitute [2] pieces of nigiri for any sashimi for no additional charge

OMAKASE – SMALL	85
chef's selection of our highest quality fish sashimi & nigiri serves 1-2	

OMAKASE – LARGE	140
chef's selection of our highest quality fish sashimi & nigiri serves 3-4	

NIGIRI COMBO	60
chef's selection of our highest quality fish 8 pieces	

consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. items with asterisk contain raw or undercooked ingredients.





Mandrake