

**your health matters here.** We exclusively feature 100% non-gmo, chef-inspired shareable plates, small bites, and the only truly healthy sushi in the world. We use organic produce, cook in non-toxic + clean cooking oils, and feature zero-refined sugars. **exactly like nothing and no one else. we are mandrake.**

## DIETARY KEY

<b>GF</b>	GLUTEN-FREE	<b>VG</b>	VEGETARIAN
<b>N</b>	CONTAINS NUTS	<b>P</b>	PALEO-FRIENDLY
<b>VA</b>	VEGAN AVAILABLE	<b>K</b>	KETO-FRIENDLY

## SHARED PLATES

**awe-inspiring dishes meant to be shared.** we recommend ordering one for every two people at the table.

### SIGNATURES

- GRASS-FED STEAK TARTARE \***  
smoked aioli | egg yolk jam | crostinis | sherry vinegar
- WILD SALMON ROE RICE CRISPS GF**  
avocado | radish | wasabi | shallot | cilantro
- PASTURE PORK BAO BUNS**  
togarashi aioli | red cabbage slaw | jalapeño | eel sauce
- ORGANIC CRISPY WINGS GF**  
gochugang glaze | sesame seeds
- WILD BANG BANG SHRIMP GF**  
spicy mayo | ginger | chives
- GRILLED ORGANIC CAULIFLOWER GF / K / VG / VA**  
vadouvan oil | date puree | whipped yogurt
- CRISPY PORK DUMPLING**  
sweet soy | scallions | pickled cabbage | togarashi
- GRILLED SPANISH OCTOPUS GF**  
whipped hummus | olive oil | herb chimichurri

### SALADS

- 21 WATERMELON SALAD GF / VG / VA / K 14**  
organic watermelon | mint | olive oil | goat cheese
- 18 VEGIO LETTUCE SALAD GF / VG / VA 18**  
cherry blossom vinaigrette | tart cherries | strawberries  
ricotta | shaved shallot
- 14 BEET & RICOTTA GF / VG / VA / K / N 16**  
red + golden beets | ricotta | citrus | pistachio
- 14 LAMB CHOPS \* GF / K / P / N 38**  
roasted red peppers | romesco
- 22 GRASS-FED CAP STEAK \* GF / K / P 32**  
herb butter | roasted garlic
- 17 WILD LOBSTER MAC & CHEESE 45**  
organic gruyère | cavatappi | wild-caught lobster
- 16 WILD WHOLE BRANZINO GF / K / P 34**  
curry chimichurri | mint

### FEATURES

## SMALL BITES + SIDES

**intriguing tapas-style sides suitable for mixing and mingling.** we recommend ordering a few for the table.

- HOT STONE RICE \* GF 13** **STREET CORN GF / VG 11**  
duck egg | furikake | crispy shallot | tamari  
organic corn | cotija cheese
- ORGANIC ROASTED CARROTS GF / K / VG / VA 11** **CRISPY POTATO CAKES GF / VG 10**  
black garlic | farm cheese | carrot top pesto  
chives | miso butter | whipped yogurt
- CRISPY BRUSSELS SPROUTS GF / P / VG 10** **ORGANIC CHARRED EDAMAME GF / VG 9**  
garlic chili oil | sichuan honey | lime  
maldon salt | lemon

## WORLD'S HEALTHIEST SUSHI

**experience the world's only truly healthy sushi,** featuring wild-caught, low-mercury seafood with zero refined sugars non-gmo rice. all of our sushi is gluten-free.

### LAND AND SEA \* 35

spicy crab | salmon | shiso | seared wagyu  
house sweet lemon soy sauce | crunchy green onion

### SHORT NORTH ROLL \* 32

shrimp tempura | spicy tuna | avocado | seared tuna  
yellow tail | lemon | crunch | four kinds of tobiko | honey  
wasabi | eel sauce

### SUNSET ROLL \* 30

soft shell crab | avocado | cucumber | salmon  
salmon eggs | spicy crunch | honey wasabi | eel sauce  
micro greens

### DRAGON ROLL \* 24

salmon | avocado | cucumber | eel | eel sauce

### SPICY YELLOW TAIL AND SCALLOP \* 32

yellow tail | cucumber | avocado | seared scallop | miso tar-  
tar | gold flake | tobiko | scallions

### CHEF SPECIAL \* 29

spicy crab | shrimp tempura | asparagus | panko salmon  
lemon | black tobiko | gold flake | miso tartar | eel sauce

### ROCK AND ROLL \* 27

spicy tuna | yellow tail | cream chesse | jalapeño  
green onion | cilantro | spicy mayo | eel sauce  
honey wasabi

### WILD SALMON ROLL \* 24

spicy salmon | panko asparagus | seared salmon  
yuzu kosho | eel sauce | scallion



*Mandrake*